

PS100 TREADMILL



DRIVE SYSTEM	Drive Motor	TRUE 3hp DC	
	Power Source	Plug-In	
EXERCISE SURFACE	TRUE Soft System	YES	
	Soft Select	N/A	
	Orthopedic Belt	N/A	
	Reversible Deck	N/A	
FRAME	Frame	Robotically Welded Heavy-Gauge Steel	
	Aluminum Straddle Covers	N/A	
	Handrails	Protective Dipped Foam Flared Handrails	
CONSOLE	Display Type	7" Single Window Custom LCD	
	Compatibility for iPod	N/A	
	Entertainment Capabilities	N/A	
	Express Command Keys	YES	
	Quick Speed Keys and Incline Keys	YES	
	Walk/Run Keys	N/A	
	Data Readouts	Speed, Incline, Elapsed Time, Time Remaining, Distance, Pace, Heart Rate, Target Heart Rate, METs, Calories	
HEART RATE	Contact Heart Rate Monitoring	YES	
	Wireless Heart Rate Monitoring	YES	
	Heart Rate Monitoring Chest Strap Included	YES	
	HRC (Heart Rate Control)® Workouts	YES - 1	
	HRC Cruise Control™	YES	
	RxHRC (Personalized 21- 24 Week Workout)	N/A	

The TRUE® PS100 is manufactured with commercial-grade materials and the finest components for extreme durability. Coupled with a great warranty and service plan, you know that your treadmill will stand up to years of heavy use.

PREMIUM FEATURES:

- SAFETY AND COMFORT: The PS100 treadmill offers one of the largest running surfaces in the industry. This feature, along with handrails, puts you on a treadmill built with safety in mind.
- TRUE HRC (HEART RATE CONTROL)™: Includes one touch HRC Cruise Control® which allows the user to "lock in" on a specific target heart rate.
- TRUE IMPACT ABSORPTION: TRUE's patented Soft
 System™ offers the most biomechanically correct running
 surface available.
- BUILT FOR THE LONG RUN: Tested for thousands of hours on TRUE's "Treadbuster" and backed accordingly.
- EFFECTIVE AND INSPIRING: It's simple to monitor your progress with the easy-to-read LCD screen. Quick Keys, data feedback and challenging programs provide you all the tools necessary to meet your fitness or weight loss goals.
- UNSURPASSED WARRANTY: Includes deck and belt.

PROGRAMMING	Programs	8 Preset; 2 Saved	
	Fitness Tests	N/A	
OTHER FEATURES	Accessories	Water Bottle Holder, Key Tray	
	Safety	Safety Clip, Extended Handrails, Large Straddle Covers	
	Balance Bar Control Pad	N/A	
	Personal Cooling System	N/A	
PHYSICAL SPECIFICATIONS	Footprint	78"L x 31.5"W (198 cm x 80 cm)	
	Running Surface	60"L x 22"W (153 cm x 56 cm)	
	Machine Weight	297 lbs (135 kg)	
	Maximum User Weight	350 lbs (159 kg)	
	Incline Range	0 to 15%	
	Speed Range	0.5 - 12 mph (0.8 - 19 kph)	
	Step-Up Height	7" (18 cm)	
	Transport Wheels	YES	
WARRANTY	Warranty	Frame Lifetime, Motor 30 Years, Parts 5 Years, Labor 1 Year	



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TREADMILL

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DRIVE SYSTEM	Drive Motor	TRUE 4hp DC		
	Power Source	Plug-ln		
EXERCISE SURFACE	TRUE Soft System	YES		
	Soft Select	Adjustable		
_	Orthopedic Belt	YES		
	Reversible Deck	YES		
FRAME	Frame	Robotically Welded Heavy-Gauge Steel		
	Fold-Up	N/A		
	Aluminum Straddle Covers	YES		
	Handrails	Protective Dipped Foam Flared Handrails		
CONSOLE	Display Type	15" Touch Screen	11" Custom LCD	
	Compatibility for iPod	Advanced	Basic	
	Entertainment Capabilities	Integrated 15" LCD with Touch Screen technology and built-in TV, integrated connector for your iPod with music and video featuring onscreen navigation, Scenic Landscape Perspectives, USB Connectivity, NTSC/ATSC/QAM digital tuner or PAL/SECAM tuner	Integrated connector for your iPod allows charging as well as volume and song changes on display; headphone jack (headphones required)	
	USB Port	YES - exports workout summary data and allows software updates	YES	
	Quick Speed Keys and Incline Keys		S	
	Walk/Run Keys	N/A	Customizable	
	Data Readouts	Speed, Incline, Elapsed Time, Time Remaining, Distance, Distance Remaining, Pace, Heart Rate, Target Heart Rate, METs, Calories, Calories/ Hour, Segment Time Remaining	Speed, Incline, Elapsed Time, Time Remaining, Distance, Pace, Heart Rate Target Heart Rate, % of Maximum Hea Rate, METs, Calories, Level	
HEART RATE — — — — — — —	Contact Heart Rate Monitoring	YES		
	Wireless Heart Rate Monitoring	YES - Polar® Equipped		
	Heart Rate Monitoring Chest Strap Included	YES		
	HRC (Heart Rate Control)® Workouts	YES - 8 YES - 3		
	HRC Cruise Control™	YES		
	RxHRC (Personalized 21-24 Week Workout)	N/A	YES	
PROGRAMMING	Programs	21 Preset, 4 Custom*, 5 Saved	13 Preset, 2 Custom, 1 Custom Interva 3 Saved	
	Fitness Tests	Gerkin Protocol and 4-Military	Gerkin Protocol	
OTHER FEATURES	Accessories	Reading Rack, 2 Water Bottle Holders, and Integrated iPod®/Accessory Tray		
- - -	Safety	Safety Clip Equipped, Extended Handrails, Large Straddle Covers		
	Balance Bar Control Pad	YES		
	Personal Cooling System	N/A		
PHYSICAL SPECIFICATIONS	Footprint	78"L x 31.5"W (198 cm x 80 cm)		
	Running Surface	60"L x 21"W (153 cm x 53 cm)		
	Machine Weight	387 lbs (176 kg)	383 lbs (174 kg)	
	Maximum User Weight	350 lbs (159 kg)		
	Incline Range	0 to 15%		
	Speed Range	0.5 - 12 mph (0.8 - 19 kph)		
	Step-Up Height	7.125" (18 cm)		
	Transport Wheels	Y	ES	
WARRANTY	Warranty	Frame Lifetime, Motor 30 Years, Parts 10 Years, Labor 1 Year, Touch Screen Console 5 Years, Headphone jack, Connector for your iPod, and USB port - 6 months parts, no labor	Frame Lifetime, Motor 30 Years, Parts 10 Years, Labor 1 Year, Headphone jack Connector for your iPod, and USB port - months parts, no labor	

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^{*} Warranties outside the U.S. and Canada may vary – Please contact your local dealer for details. Specifications subject to change without notice.