

# TRUE<sup>®</sup>

# COMMERCIAL



## Premium Fitness Equipment Since 1981

True Fitness designs cardio equipment with the facility and their users in mind and the CS200 elliptical captures those dynamics. The CS200 elliptical is packaged in a powerful compact design that takes less space and delivers more than other elliptical machines. The patented core-drive allows for safe and easy entry and exit, low step up and True's exclusive Cardio 360 total body workouts. The CS200 elliptical from True allows users to get more from less.



# CS200

TECHNICAL SPECIFICATIONS	Power Source	Self-Generating
	Drive System	Core Drive™
	Total Body Workout	Cardio 360 (upper body, lower body, total body)
	Resistance Source	Hybrid Self-Generating Brake
	Workload Range	30 - 450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Stride Length	21" (53 cm)
	Footpad	Molded Anti Slip with Textured Pattern
	Exercise Arms	Sweat Resistant Custom Dipped Material
	Handrail Design	Extended Handrails with Moisture Resistant Grips
	Side Step Design	Non-Slip Rubber with Textured Pattern
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
CONSOLE	Display	LCD
	Programs	9
	HRC Workouts	1
	Cardio 360	Standard
	HRC Cruise Control	Standard
	CSAFE Power	Standard
	Diagnostic	Standard
SAFETY	Side Steps	Standard
	Extended Handrails	Standard
	Activity Guard (removable)	Standard
REGULATORY APPROVALS		ETL UL1647
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	61"L x 35"W (155 cm x 89 cm)
	Active Footprint	73"L x 35"W (185 cm x 89 cm)
	Q-Factor	2" (5 cm)
	Machine Weight	340 lbs. (155 kg)
	Maximum User Weight	350 lbs. (159 kg)
	Step-Up Height	10" (26 cm)
	Portability	2 Front Transport Wheels & Removable Handles
WARRANTY	Warranty Classification	Commercial (non-dues paying facilities with less than 8 hours of usage per day)
	Frame	Lifetime
	Parts	5 Years
	Labor	1 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.