

M30 M50 TREADMILLS



The new M Series treadmills were designed with the user foremost in mind. This new sleek, compact footprint is manufactured with only the finest components and is sure to rival any product in its class. Only TRUE puts the extra finishing touches into each and every product, and the M Series is no exception to this rule. TRUE encourages you to "Find Your Motivation."

PREMIUM FEATURES:

- **TRUE TRADITION:** The M30 and M50 treadmills provide a softer deck cushion in front where foot impact takes place, while providing dependably firm foot push off towards the back.
- **SPACE SAVER:** With an overall length of just 74", the M30 and M50 treadmill maximizes workout space in the home.
- **TRUE HRC (Heart Rate Control):** Includes one touch HRC Cruise Control which allows the user to "lock in" on a specific target heart rate.
- **EFFECTIVE AND INSPIRING:** It's simple to monitor your progress with the easy-to-read LCD screen. Quick Speed and Incline keys, data feedback and challenging programs provide you all the tools necessary to meet your fitness or weight loss goals.
- **UNSURPASSED WARRANTY:** Includes deck and belt.



30th
ANNIVERSARY

TREADMILLS

M30

M50

DRIVE SYSTEM	Drive Motor	TRUE 3hp DC	TRUE 3hp DC
	Power Source	Plug-In	Plug-In
EXERCISE SURFACE	Orthopedic Belt	N/A	YES
FRAME	Frame	Robotically Welded Heavy-Gauge Steel	Robotically Welded Heavy-Gauge Steel
	Aluminum Straddle Covers	N/A	YES
	Handrails	Protective Dipped Foam Flared Handrails	Protective-Dipped Foam Flared Handrails
CONSOLE	Display Type	7" Single Window LCD	7" Single Window LCD
	Quick Speed and Incline Keys	YES	YES
	Data Readouts	Speed, Incline, Elapsed Time, Distance, Heart Rate, Calories	Speed, Incline, Elapsed Time, Distance, Heart Rate, Calories
HEART RATE	Contact Heart Rate Monitoring	YES	YES
	Wireless Heart Rate Monitoring	YES - Polar® Compatible	Yes - Polar® Compatible
	Heart Rate Monitoring Chest Strap Included	YES	YES
	HRC (Heart Rate Control)® Workouts	YES - 2	YES - 2
	HRC Cruise Control™	YES	YES
PROGRAMMING	Programs	7 Preset; 2 Custom	7 Preset; 2 Custom
	Fitness Tests	N/A	N/A
OTHER FEATURES	Accessories	Reading Rack, Dual Water Bottle Holders, Oversized Accessory Tray	Reading Rack, Dual Water Bottle Holders, Oversized Accessory Tray
	Safety	Safety Clip	Safety Clip
PHYSICAL SPECIFICATIONS	Footprint	74"L x 29"W (188 cm x 74 cm)	74"L x 29"W (188 cm x 74 cm)
	Running Surface	58"L x 20"W (147 cm x 51 cm)	58"L x 20"W (147 cm x 51 cm)
	Machine Weight	220 lbs (100 kg)	231 lbs. (105 kg)
	Maximum User Weight	300 lbs (136 kg)	300 lbs. (136 kg)
	Incline Range	0 - 15%	0-15%
	Speed Range	0.5 - 12 mph (0.8 - 19 kph)	0.5 - 12 mph (0.8 - 19 kph)
	Step-Up Height	6.7" (17 cm)	6.7" (17 cm)
	Transport Wheels	YES	YES
WARRANTY	Warranty	Frame - Lifetime; Motor - 30 Years; Parts - 5 Years; Labor - 1 Year	Frame - Lifetime; Motor - 30 Years; Parts - 5 Years; Labor - 1 Year